

Per diem meal rates can be found using the link below:

<https://www.gsa.gov/travel/plan-book/per-diem-rates>

For Fiscal Year: Select current year

State / City: Enter travel location

Select "Find Rates".

Use the "Meals & Incidentals (M&IE) rates and breakdown" for per diem meals.

- The rate for "First & Last Day of Travel" (75%) should be used for your travel days.
- The rate for "M&IE Total" should be used for any full days that do not involve travel.